



Bringing the Heat NATIONALS



Sunday, February 21, 2010

Team Registration begins 1 hour before the 1st performance

Doors Open

Coaches Meeting

9:00 AM

10:30 AM

Team Name	Division	Check In	Warm Up 1	Warm Up 2	Performance
Cheer Florida Allstars (TJ Mcrae)	Tiny Individual	11:00 AM	11:10 AM	11:15 AM	11:30 AM
Flip City Allstars	Mini Individual	11:05 AM	11:15 AM	11:20 AM	11:35 AM
Xtreme Allstars	Mini Trio	11:10 AM	11:20 AM	11:25 AM	11:40 AM
Flip City Allstars	Mini Duo/Trio	11:15 AM	11:25 AM	11:30 AM	11:45 AM
Cheer Florida Allstars (Elizabeth Anderson)	Youth Individual	11:20 AM	11:30 AM	11:35 AM	11:50 AM
Cheer Florida Allstars (Kyle Christiansen)	Junior Individual	11:25 AM	11:35 AM	11:40 AM	11:55 AM
Flip City Allstars	Junior Duo/Trio	11:30 AM	11:40 AM	11:45 AM	12:00 PM
BREAK					
Element Allstars	Tiny Level 1	11:40 AM	11:50 AM	11:55 AM	12:10 PM
Flip City Allstars	Tiny Level 1	11:45 AM	11:55 AM	12:00 PM	12:15 PM
Element Allstars	Mini Level 1	11:50 AM	12:00 PM	12:05 PM	12:20 PM
Ultimate Cheer & Dance (West Palm)	Mini Level 1	11:55 AM	12:05 PM	12:10 PM	12:25 PM
Comets Allstars	Mini Level 1	12:00 PM	12:10 PM	12:15 PM	12:30 PM
Elite Cheer and Dance	Youth Level 1	12:05 PM	12:15 PM	12:20 PM	12:35 PM
Cheer Revolution Allstars	Youth Level 1	12:10 PM	12:20 PM	12:25 PM	12:40 PM
Wellington Cougars	Youth Level 1	12:15 PM	12:25 PM	12:30 PM	12:45 PM
Elite Cheer and Dance	Junior Level 1	12:20 PM	12:30 PM	12:35 PM	12:50 PM
Cheer Florida Allstars	Recreation Youth	12:25 PM	12:35 PM	12:40 PM	12:55 PM
BREAK					
Flip City Allstars	Mini Level 2	12:35 PM	12:45 PM	12:50 PM	1:05 PM
Cheer Florida Allstars	Mini Level 2	12:40 PM	12:50 PM	12:55 PM	1:10 PM
Element Allstars	Youth Level 2	12:45 PM	12:55 PM	1:00 PM	1:15 PM
Ultimate Cheer & Dance (West Palm)	Youth Level 2	12:50 PM	1:00 PM	1:05 PM	1:20 PM
Cheer Illuzions Allstars	Youth Level 2	12:55 PM	1:05 PM	1:10 PM	1:25 PM
Cheer Florida Allstars	Youth Level 2	1:00 PM	1:10 PM	1:15 PM	1:30 PM
Elite Cheer and Dance	Special Needs	1:05 PM	1:15 PM	1:20 PM	1:35 PM
Cheer Florida Allstars	Special Needs	1:10 PM	1:20 PM	1:25 PM	1:40 PM
BREAK					
Cheer Florida Allstars	Recreation Junior	1:20 PM	1:30 PM	1:35 PM	1:50 PM

Boca Extreme Allstars	Small Junior Level 2	1:25 PM	1:35 PM	1:40 PM	1:55 PM
Cheer Revolution Allstars	Small Junior Level 2	1:30 PM	1:40 PM	1:45 PM	2:00 PM
Flip City Allstars	Small Junior Level 2	1:35 PM	1:45 PM	1:50 PM	2:05 PM
Center Stage Cheer and Dance	Small Junior Level 2	1:40 PM	1:50 PM	1:55 PM	2:10 PM

BREAK

Element Allstars	Large Junior Level 2	1:50 PM	2:00 PM	2:05 PM	2:20 PM
Wellington Cougars	Large Junior Level 2	1:55 PM	2:05 PM	2:10 PM	2:25 PM
Cheer Revolution Allstars	Senior Level 2	2:00 PM	2:10 PM	2:15 PM	2:30 PM
Elite Cheer and Dance	Senior Level 2	2:05 PM	2:15 PM	2:20 PM	2:35 PM
Cheer Florida Allstars	Senior Level 2	2:10 PM	2:20 PM	2:25 PM	2:40 PM

AWARD'S SESSION 1

Elite Cheer and Dance	Youth Level 3	3:15 PM	3:25 PM	3:30 PM	3:45 PM
Cheer Illuzions Allstars	Junior Level 3	3:20 PM	3:30 PM	3:35 PM	3:50 PM
Cheer Florida Allstars	Junior Coed Level 3	3:25 PM	3:35 PM	3:40 PM	3:55 PM
Flip City Allstars	Senior Coed Level 3	3:30 PM	3:40 PM	3:45 PM	4:00 PM
Miami Beach Extreme	Senior Coed Level 3	3:35 PM	3:45 PM	3:50 PM	4:05 PM
Miami Coral Park (Ram Cheerleaders)	Large Senior Level 3	3:40 PM	3:50 PM	3:55 PM	4:10 PM
Comets Allstars	Large Senior Level 3	3:45 PM	3:55 PM	4:00 PM	4:15 PM
Element Allstars	Large Senior Level 3	3:50 PM	4:00 PM	4:05 PM	4:20 PM
Wellington Cougars	Large Senior Level 3	3:55 PM	4:05 PM	4:10 PM	4:25 PM
Ultimate Cheer & Dance (West Palm)	Large Senior Level 3	4:00 PM	4:10 PM	4:15 PM	4:30 PM

BREAK

Elite Cheer and Dance	Senior Level 4.2	4:10 PM	4:20 PM	4:25 PM	4:40 PM
Center Stage Cheer and Dance	Senior Level 4.2	4:15 PM	4:25 PM	4:30 PM	4:45 PM
Evolution Allstars	Senior Level 4.2	4:20 PM	4:30 PM	4:35 PM	4:50 PM
Cheer Florida Allstars	Senior Level 4	4:25 PM	4:35 PM	4:40 PM	4:55 PM
Falcon Cheer Allstars	Senior Level 4	4:30 PM	4:40 PM	4:45 PM	5:00 PM
Elite Cheer and Dance	Senior Coed Level 4	4:35 PM	4:45 PM	4:50 PM	5:05 PM

BREAK

Ultimate Cheer & Dance (West Palm)	International Open Level 5	4:45 PM	4:55 PM	5:00 PM	5:15 PM
Elite Cheer and Dance	Open Coed level 6	4:50 PM	5:00 PM	5:05 PM	5:20 PM
Cheer Florida Allstars	Senior Level 5	4:55 PM	5:05 PM	5:10 PM	5:25 PM
Our Lady of Lourdes Academy	Senior Level 5	5:00 PM	5:10 PM	5:15 PM	5:30 PM
Elite Cheer and Dance	Senior Limited Coed Level 5	5:05 PM	5:15 PM	5:20 PM	5:35 PM

AWARD'S SESSION 2